

### 1.3 Introduction to Past Continuous Tense



We use the **past continuous tense** to talk about something that **was happening** at a specific time in the past.

To use the **past continuous tense**, you need a **past tense be verb (was/were)** + **verb+ing**:

<b>I</b>	<b>was</b>	<b>watching a movie</b>	<b>at 8pm last night.</b>
		<b>reading a book</b>	<b>at 10am in the morning.</b>
		<b>cooking dinner</b>	<b>when you called me.</b>
<b>He / She / It</b>	<b>was</b>	<b>riding my bicycle</b>	<b>when it started raining.</b>
		<b>listening to music</b>	<b>during the rainstorm.</b>
<b>You / We / They</b>	<b>were</b>	<b>doing homework</b>	<b>when my phone rang.</b>
		<b>jogging in the park</b>	<b>when I fell.</b>



**Write a past continuous tense sentence to answer the questions below.**  
*The first one is done for you.*

**1. What were you doing at 11:30pm last night?**

I was sleeping at 11:30pm last night.

---

**2. What were you doing at 8:00pm last night?**

---

**3. What were you doing at 4:00pm yesterday afternoon?**

---

**4. What were you doing at noon yesterday?**

---

**5. What were you doing at 9:00am yesterday morning?**

---