

3.4 Present Perfect Continuous Tense: Ever Since

We often use the **present perfect continuous tense** with the words "ever since," (or just "since") to talk about what has been happening **since a specific time in the past**.



He has been sleeping ever since he got home.
They have been dating ever since they met.
It has been snowing ever since I woke up.
I have been living here ever since I was born.
We have been studying English ever since first grade.
She has been talking ever since the movie started!



Use the present perfect continuous tense + ever since to write sentences about yourself with the information below.

Example:

playing tennis

I have been playing tennis ever since I was in third grade. _____

1. studying English

2. waking up early

3. wearing this shirt

4. studying math

5. riding a bicycle

